



Nature's News

at Wilderness Lake Preserve

July 2023



Photo Credit:
Barry White

Inside This Issue:

Important Numbers p3
Around The Preserve, Classes at
the Lodge, Resident Clubs p4
Upcoming Events p5 and p12
July Calendar p6 & p7
Picture Collages p8
Highlights of the CDD Meeting p9
Summer Craft p9
Summer Recipe p9
Summer Bash p10

The Community Magazine for Wilderness Lake Preserve Residents

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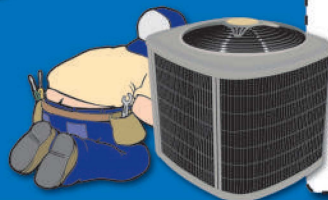
up to **\$40 OFF**

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Garbage Pickup Schedule

Waste Express / Progressive

TUESDAY and FRIDAY MORNINGS*

**Please bring in receptacles as soon as possible after trash has been picked up.*

Recycling Days: Every Wednesday

Water Restrictions

Please visit the Pasco County website (pascocountyfl.net) to obtain the most up-to-date watering information.

Architectural Review and Fining Committees

When making changes to the outside of your home, remember to submit your online applications for projects using our portal. More instructions are located on page 17. For ARC questions, contact: yourARC@wlp-hoa.org. For fining issues, contact: yourfiningcom@wlp-hoa.org.

Are You Selling/Renting Your Home?

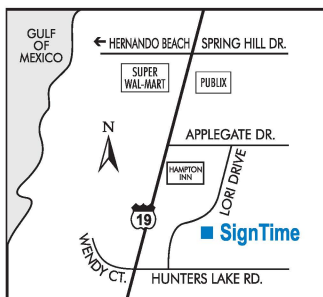
Please call The Lodge at (813) 995-2437 to help streamline the process for yourself and the new home occupant. The Deed Restriction Books need to be left for the new homeowners.

Lodge ID Cards need to be returned to the Lodge for deactivation. **Thank you!**

ADVERTISING DEADLINE July 13, 2023 for the August Issue

The appearance of advertising in The Nature's News newsletter is neither a guarantee or an endorsement by Wilderness Lake or Sign Time of the product, service or company or the claims made for the product in such advertising. Customers are urged to make their own inquiries of any company before consideration. Verify that a contractor is licensed at www.myfloridalicense.com

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(813) 995-2437 / www.wildernesslakecdd.org

CDD Board of Supervisors

Holly Ruhlig – Chair

Bryan Norrie – Vice Chair

Beth Edwards – Assistant Secretary

Heather Hepner – Assistant Secretary

Agnieszka Fisher – Assistant Secretary

Wilderness Lake Preserve Phone Numbers

Wilderness Lodge ..(813) 995-2437, www.wildernesslakecdd.org
Community Manager,

Karen Dealmanager@wlplodge.com

Assistant Manager, Terri Oakley.....toakley@wlplodge.com

Event Coordinatorevents@wlplodge.com

The Spa at Wilderness Lake Preserve(813) 995-2437

Regional District Manager (CDD), Tish Dobson..(813) 995-2437

WLP CDD Websitewww.wildernesslakecdd.org

HOA Community Manager, Melinda Spall w/Greenacre

Properties, Inc.(813) 600-1100, melindas@greenacre.com

HOA Board Email Contactyourboard@wlp-HOA.org

Important Phone Numbers

EMERGENCY/AMBULANCE911
Animal Control.....(813) 929-1212
Waste Express / Progressive.....(727) 849-3333
Chamber of Commerce(813) 996-5522
Florida Auto Tag & Title - Tax Collector.....(813) 929-6020
Florida Driver's License(813) 929-6020
Poison Control.....(800) 222-1222
Duke Energy.....(800) 700-8744
Frontier (Telephone).....(800) 921-8101
Spectrum(727) 856-3278

LAND O'LAKES

Library.....(813) 929-1214
Community Center.....(813) 929-1229
Recreation Center.....(813) 929-1220
Post Office.....(813) 996-1257

PASCO COUNTY

Building Department.....(813) 929-6084
Disaster Preparedness.....(727) 847-8137
Health Department(813) 558-5173
Sheriff's Department.....(727) 847-8102
Government.....(813) 996-2411
Parks & Recreation Department.....(813) 929-1260
School Board.....(813) 794-2000
Water & Sewer(727) 847-8131
Public Information.....(727) 847-8110



Around the Preserve

Fitness & Health Classes



Water Aerobics

9:00 AM - 10:00 AM Monday - Friday

Exercising in the water is a fun change of pace and is much easier on the joints than high-impact activities. This is a resident-driven event that is free to participants.



Yoga

Lu-Ann Guariniello, a RYT-500hr Zarnay Yoga
E-RYT 200 and YACEP

8:45 AM - 9:55 AM

9:55 AM - 10:55 AM

Please RSVP to Lmgagain@yahoo.com or
(813) 846-0874 Cost: \$5.00 per class



Walking, Toning, and Strengthening Class

Location: Activities Center

Mondays, Wednesdays, & Fridays

9:30 AM - 10:45 AM Cost: FREE

This is a resident-driven activity. Class size is limited due to spacing requirements.



Children's Tennis Lesson

Date: July 1st

Instructor: Sam Watson

Contact: (813) 618-1360

Cost: FREE

Classes at The Lodge

Chat'hers Club

Ladies' Social Club at Wilderness Lake Preserve

This year the Chat'hers are sponsoring Hospice.

For event information,
please call Telicia at (786) 301-4506.

Women of Wilderness Bible Study

Wednesdays at 10:00 AM

Contact Shuyuan at (970) 978-7568 or Janice at
(727) 776-5723 for more information.

Deerfields Meeting

Location: Deerfields Pool

Date: 2nd Tuesday of each month

Time: 6:00 PM

Pickleball Rocks

Location: Tennis Courts

Date/Time: Tuesday and Thursday at 6:30 PM

For more information,
contact Susan Allen Schoeman at (602) 315-0757



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WILDERNESS LAKE
PRESERVE

Join us at the
Lodge for a
**Pressed Flower
Lantern Craft!**
Saturday, July 1st
**5 PM - 6 PM in
the Activity
Center**

Free to residents: Please RSVP at the lodge



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WILDERNESS LAKE
PRESERVE

**Family
GAME
NIGHT**

Thursday, July 27th
5 PM - 6 PM
Activity Center

**COME OUT FOR A
FAMILY GAME NIGHT!**
MEET NEW FRIENDS &
ENJOY THE SUPER FUN

FUN GAMES TO PLAY:
BOARD GAMES - POPCORN - MUSIC - SNACKS -
FREE TO RESIDENTS: PLEASE RSVP AT THE LODGE



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Member Services: 1-800-401-2740

TTY/TDD: 711 M-F 8am-8pm



Kate Vessio

Benefit Consultant

Hernando/Pasco/Citrus Counties

Freedom Health is an HMO plan with a Medicare contract and a contract with the Florida Medicaid Program. Enrollment in Freedom Health depends on contract renewal. H5427_22AgIBCA_d_C

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




































































































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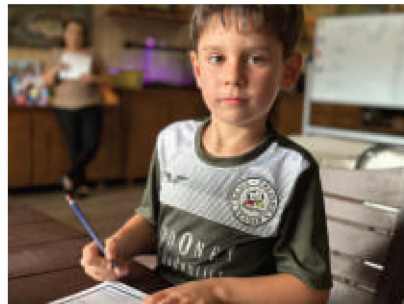
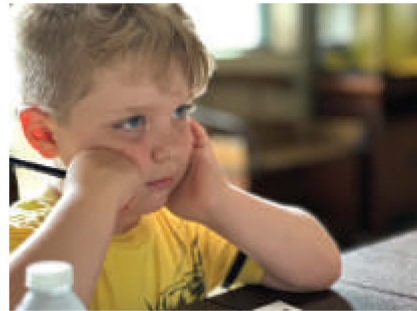
July 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1  Tennis Lessons 9:00 AM - 11:00 AM  Pressed Flower Lanterns 5:00 PM - 6:00 PM
2	3  Water Aerobics 9:00 AM - 10:00 AM  Walking & Toning 9:30 AM - 10:45 AM  Story Time 10 - 11:00 AM  Mahjong 1 - 3:00 PM	4  Water Aerobics 9:00 AM - 10:00 AM  Yoga 8:45-9:45 AM & 9:55-10:55 AM  Fourth of July Celebration 12:00 PM - 2:00 PM	5  Recycling Day  Water Aerobics 9:00 AM - 10:00 AM  Walking & Toning 9:30 AM - 10:45 AM  Bible Study 10 AM  Card Games 1:00 PM - 3:00 PM  Food Truck 5 - 7:30 PM  Pickleball 6 - 8:00 PM	6  Water Aerobics 9:00 AM - 10:00 AM  Yoga 8:45-9:45 AM & 9:55-10:55 AM  Family Movie Night 6:00 PM	7  Water Aerobics 9:00 AM - 10:00 AM  Walking and Toning 9:30 AM - 10:45 AM	8  Blood Drive 9:00 AM - 2:00 PM
9	10  Water Aerobics 9:00 AM - 10:00 AM  Walking & Toning 9:30 AM - 10:45 AM  Story Time 10 - 11:00 AM  Mahjong 1 - 3:00 PM  ARC Meeting 6:30 PM	11  Water Aerobics 9:00 AM - 10:00 AM  Yoga 8:45-9:45 AM & 9:55-10:55 AM  Family Movie Morning 10:00 AM	12  Recycling Day  Water Aerobics 9:00 AM - 10:00 AM  Walking & Toning 9:30 AM - 10:45 AM  Bible Study 10 AM  Card Games 1:00 PM - 3:00 PM  Food Truck 5 - 7:30 PM  Pickleball 6 - 8:00 PM	13  Water Aerobics 9:00 AM - 10:00 AM  Yoga 8:45-9:45 AM & 9:55-10:55 AM  Summer Olympics 4:00 PM - 6:00 PM  Family Movie Night 6:00 PM	14  Water Aerobics 9:00 AM - 10:00 AM  Walking and Toning 9:30 AM - 10:45 AM  Sip & Paint 6:00 PM - 9:00 PM	15  Craft Fair 4:00 PM
16	17  Water Aerobics 9:00 AM - 10:00 AM  Walking & Toning 9:30 AM - 10:45 AM  Story Time 10 - 11:00 AM  Mahjong 1 - 3:00 PM	18  Water Aerobics 9:00 AM - 10:00 AM  Yoga 8:45-9:45 AM & 9:55-10:55 AM  Family Movie Morning 10:00 AM	19  Recycling Day  Water Aerobics 9:00 AM - 10:00 AM  Walking & Toning 9:30 AM - 10:45 AM  Bible Study 10 AM  Card Games 1:00 PM - 3:00 PM  Food Truck 5 - 7:30 PM  Pickleball 6 - 8:00 PM	20  Water Aerobics 9 - 10:00 AM  Yoga 8:45 AM - 9:45 AM  Bohemian Wall Art 7:00 PM - 8:00 PM  Family Movie Night 6:00 PM	21  Water Aerobics 9:00 AM - 10:00 AM  Walking and Toning 9:30 AM - 10:45 AM	22  Art Class 12:00 PM - 3:00 PM
23	24  Water Aerobics 9:00 AM - 10:00 AM  Walking & Toning 9:30 AM - 10:45 AM  Story Time 10 - 11:00 AM  Mahjong 1 - 3:00 PM  ARC Meeting 6:30 PM	25  Water Aerobics 9 - 10:00 AM  Yoga 8:45-9:45 AM & 9:55-10:55 AM	26  Recycling Day  Water Aerobics 9:00 AM - 10:00 AM  Walking & Toning 9:30 AM - 10:45 AM  Bible Study 10 AM  Card Games 1:00 PM - 3:00 PM  Food Truck 5 - 7:30 PM  Pickleball 6 - 8:00 PM	27  Water Aerobics 9 - 10:00 AM  Yoga 8:45 AM - 9:45 AM  Family Movie Night 6:00 PM  Board Games 6:30 PM	28  Water Aerobics 9:00 AM - 10:00 AM  Walking and Toning 9:30 AM - 10:45 AM	29
30	31  Water Aerobics 9:00 AM - 10:00 AM  Walking & Toning 9:30 AM - 10:45 AM  Story Time 10 - 11:00 AM  Mahjong 1 - 3:00 PM	AUGUST 1  Water Aerobics 9 - 10:00 AM  Yoga 8:45-9:45 AM & 9:55-10:55 AM  Family Movie Morning 10:00 AM  Pickleball 6:30 PM	2  Recycling Day  Water Aerobics 9 - 10:00 AM  Walking & Toning 9:30 AM - 10:30 AM  Bible Study 10 AM  Card Games 1:00 PM - 3:00 PM  Food Truck 5 - 7:30 PM	3  Water Aerobics 9 - 10:00 AM  Yoga 8:45 AM - 9:45 AM  Family Movie Night 6:00 PM	4  Water Aerobics 9:00 AM - 10:00 AM  Walking and Toning 9:30 AM - 10:45 AM	5

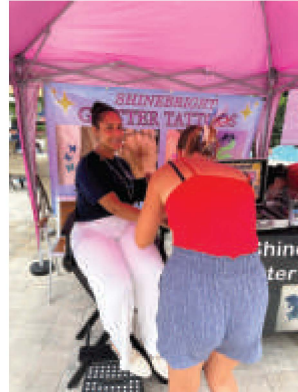
BINGO



KIDS TRIVIA



MEMORIAL DAY



Highlights of the CDD Meeting



Meeting Date

The CDD meeting was held on May 24.

Audience Comments

The Board heard comments from someone regarding providing music/violin lessons in the activity center and from someone giving accolades to the Board.

Paver Update

The paver project at the front entrance off of Land O Lakes Blvd has begun and should be finished on Thursday 6/15. Please keep in mind that there will be limited and delayed access during this time. Thank you for your patience and we look forward to the completed project!

Landscaping

The palm trees at the pool area were trimmed on 6/1. The Board approved the Grasmere Dr fence line sod proposal.

Floating Dock

The project is complete and looks great! Just in time to enjoy using the kayaks and canoes for the summer.

Summer Craft Glow Jars



Materials Needed: Glow sticks, Straw, Gloves (optional), Mason jars, Glitter, Scissors

Directions:

- * Crack the glow stick so that it glows brightly.
- * Put on gloves.
- * Take a scissors and cut the clear end of the glow stick off, letting it drip into the jar. Flip it over and cut the other side.
- * Take a straw and put it over one end of the open glow stick and blow the rest of the liquid into the jar.
- * Put of silver glitter inside and shake it up!



Summer Recipe: Chicken Lettuce Wraps



INGREDIENTS

- 1 tablespoon olive oil
- 1 pound ground chicken
- 2 cloves garlic, minced
- 1 onion, diced
- 1/4 cup hoisin sauce
- 2 tablespoons soy sauce
- 1 tablespoon rice wine vinegar
- 1 tablespoon freshly grated ginger
- 1 tablespoon Sriracha, optional
- 1 (8 ounce) can whole water chestnuts, drained
- 2 green onions, thinly sliced
- 1 head butter lettuce
- kosher salt and ground black pepper to taste



INSTRUCTIONS

- Heat olive oil in a Large cast iron skillet over medium high heat. Add ground chicken and cook until browned, about 3-5 minutes, making sure to crumble the chicken as it cooks' drain excess fat.
- Stir in garlic, onion, hoisin sauce, soy sauce, rice wine vinegar, ginger and Sriracha until onions have become translucent, about 1-2 minutes.
- Stir in chestnuts and green onions until tender, about 1-2 minutes; season with salt and pepper, to taste.
- To serve, spoon several tablespoons of the chicken mixture into the center of a lettuce leaf, taco-style.

SUMMER



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Lodge Hours: Sunday 12:00PM - 9:00PM
Monday-Friday 9:00AM - 9:00PM
Saturday 10:00AM - 10:00PM

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SAVE THE DATE

**WILDERNESS LAKE
PRESERVE**

INDEPENDENCE DAY

Tuesday, JULY 4th

| DJ | HOTDOGS | Games | Bubbles | Pool Fun |
Free to Residents: Please RSVP at the Lodge!

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**WILDERNESS LAKE
PRESERVE**

Summer OLYMPICS

**Thursday, July 13th
4 PM - 6 PM at the Lodge**

[POOL NOODLE RING TOSS | BEACH BALL BLASTER | POOL NOODLE
HOCKEY | LADY BUGS VS TADPOLES | ANGRY BIRDS | FRISBEE TIK TAC
TOE | FILL THE BUCKET | SACK RACE | SNOW CONES |

Free to Residents: Please RSVP at the Lodge

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**WILDERNESS LAKE
PRESERVE**

**TRY
SOMETHING
NEW**

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**Join us in the Activity Center
for a Bohemian Wall Art Craft
Thursday, July 20th
7 PM - 8 PM**



FREE TO RESIDENTS: PLEASE RSVP AT THE LODGE

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